

## Recommended personal security kit



## Conventional distress signals

I need your help.



I don't need your help.

**ATTENTION, AWAY FROM A TAKE OFF,  
A WING LEFT UNFOLDED FOR A WHILE  
MAY BE CONSIDERED A DISTRESS SIGNAL.**

This document has been created by :

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**RESCUE**  
Free Flight  
Lake Anancy

## Before flying

- > Find out the day's weather and its evolution.
- > Check the local weather stations.
- > Ask the locals, the Free Flight regulator\* or check [www.ffvl.fr](http://www.ffvl.fr)
- > Tell someone of your flying plans, launching area and proposed flight path.



**\* FREE FLIGHT CONTROLLER,  
Montmin take off,  
dates of on site presence :**  
May – June \_\_\_ weekends only  
from 01/07 to 31/08 \_\_\_ daily  
September \_\_\_ weekends only

**ADVICE TO PILOTS**





## Raising the alarm

- > Call **112**.
- > Tune to the FFVL frequency **143.9875 MHz**.
- > Try to establish contact.

## Be ready to answer the rescue service's questions

- > Who are you ?
- > Where are you (location, altitude, GPS coordinates) ?
- > What has happened, when ?
- > What is the wing's colour ?
- > What is the nature of any injuries ?
- > What are the weather conditions ?

## Stay contactable by telephone

## Listen on the FFVL frequency

**143.9875 MHz**



## RESCUE SERVICES HAVE PRIORITY

### When the helicopter is approaching

Help the rescue teams complete their mission safely.

- > Listen on the FFVL frequency, where the rescue services can contact you.
- > Stay contactable by telephone.
- > If flying, clear the helicopter's activity area.

### Secure the zone, stop take offs

- > Pack and remove the gear.
- > Put it out of the helicopter's downdraft.
- > Evacuate the operation zone.
- > Organise a large security perimeter.
- > Clear the public from the zone.



### You are treed or on a cliff

- > Secure yourself, attach yourself solidly (see the personal security kit).
- > If you have a reserve chute, tell the rescue team.
- > If you are not completely sure of yourself, don't climb down alone.

### You are on a power line

Indicate the fact, the rescue team will proceed once the current has been cut.

- > Avoid all manoeuvres that could cause an electric arc.
- > Do what the rescue team tells you.
- > Keep away from the power lines.

**Hitting a pylon doesn't only happen to other people.**

**Even when there are no injuries, inform the rescue services of anything relevant (eg. a wing left behind...)**

**Avoid having the rescue services called out for a wing in the trees when you have already left the scene by your own means.**

**DON'T TAKE OFF DURING THE WHOLE PERIOD THE HELICOPTER IS OPERATING IN THE ZONE.**

**A rescue can take an hour to an hour and a half, several trips may be necessary.**

**REMEMBER : A WING IN THE TREES CAN CAUSE MANY 112 EMERGENCY CALLS.**

**If you are OK, tell 112. Say if your wing has been left in the area and indicate its colour.**

**Recover your wing as soon as possible, and again inform 112.**